



## **YOUNG TWIGS: LIES YOUNG WOMEN BELIEVE**      **WEEK 8**

### **Read Chapter 11: Lies about media** (pages 146-156)

Lie 22: The benefits of constant media outweigh the harm. (Philippians 4:8)

1. Look at this list. Circle the media that you use and put a star by the ones that negatively influence your relationship with God.
  - TV shows
  - Songs or musical artists
  - Movies
  - Phone
  - Texting
  - Online/computer browsing
  - Blogs
  - Tumblr
  - Twitter
  - Facebook
  - Keek
  - YouTube
  - Pinterest
  - Chat rooms
  - Instant messaging
  - Instagram
  - Tagged
  - Digg
  - Reddit
  - Foursquare
2. What makes you choose the social media that you use? Why do you use social media?
3. How do you monitor what you watch, say, and post?
4. Do you have any guidelines that you use before you participate in a specific media choice such as Facebook, Twitter, Tumblr, YouTube, watching a movie, listening to music, etc.?
5. Read Philippians 4:8. How should you use media/social media?

